



102 W. Old Mill Road

City Of Mesquite

702-346-5290

Senior Services Staff

- Sally Coates—
Supervisor
- Sharon Leavitt—Head
Cook
- Concepcion Felix—Cook
- Barbara Butterfield—
Driver
- Krissy Hall —
Sr. Services Aide

SENIOR CENTER HOURS

**8:00 am to 3:30 pm,
Monday—Friday
except holidays.
www.mesquitenv.com**

SENIOR SERVICES AT THE SENIOR CENTER

Social Security- The 4th Wednesday of every month, From 9:00a.m. to 10:30a.m. at the City Hall.. (Doors open at 8:00 a.m. so come early and add your name to the list)

Veteran Assistance- This Program is for all Veteran's who needs help and some questions answered . Every Monday 11:00 a.m. to 12:30 p.m. at the Senior Center. Sponsored by the Vietnam Veterans of American Helping all Veterans.

Oxygen Levels Checked- Oxygen levels will be checked on the 2nd Thursday of each month. From 11:15 a.m. to 12:30 p.m. (This Month's Date is OCTOBER 11TH)

Foot Clinic- The Foot Clinic will be at the Senior Center the 1st Monday of every Month. For Appointments and information please contact Nevada Health Services at (702-220-9932)

Telephone Reassurance Program- This program is to check on your well being. Every day our friendly volunteer will call and chat with you. Make sure your doing great. To Register for this Program or for more information, please call or come by the Senior Center. (346-5290)

Blood Pressure Checks- The 3rd Friday of every month, from 11:00 a.m. to 12:00 p.m.

HAPPY HALLOWEEN TO ALL OF YOU



HALLOWEEN COSTUME PARTY

WEDNESDAY

OCTOBER 31, 2007

AT THE SENIOR CENTER..

COME DRESSED IN

YOUR HALLOWEEN

ATIRE, COME

GET

SPOOKED.....



GET YOUR FLU SHOT EARLY...

October 25, 2007,
from 9:00 a.m. to 1:00 a.m.,
Sav-On Health will adminis-
trate the Shot Clinic. Medicare
assignment, and Sierra Heath
Members no cost. Everyone
else \$30.00.



NEVADA OFFICE OF VETERANS SERVICE

NOVS will have a Service Officer at the Senior Center on October 25, from 9:00 a.m.– 3:00 p.m. The officer will answer questions for military veterans and/or family members within the community who have questions regarding veterans benefits and those wanting assistance with veterans claims for service connected disability and pension.



MESQUITE SENIOR TRIPS



Join us for these exciting trips
Price includes ticket and transportation

OCTOBER 5– The Foreigner/St.George Theater	\$20.00
OCTOBER 6– A day at the Indoor Swap Meet/Las Vegas	\$14.00
OCTOBER 17– The Auto Collections/Imperial Palace	\$16.50
NOVEMBER 16– Jubilee of Trees/St.George Utah	\$13.00
NOVEMBER – Beauty & The Beast/St.George Theater	\$20.00
NOVEMBER 27– Fashion Mall/Las Vegas/Shopping	\$16.00
NOVEMBER 30–Dickens Christmas Festival/St.George	\$14.00
DECEMBER 12– Gallery Mall/Christmas Shopping LV	\$14.00
DECEMBER 14– Christmas Festival of Lights/Tuachan	\$13.00

OCTOBER 2007

SENIOR SERVICES PROGRAM NEWS




MENU

BIRTHDAYS

We will be celebrating **OCTOBER** birthdays on the **11th** Pie will be served with lunch. If your birthday is this month, please inform our greeter at the receptionist desk.



Lunch served from 11:30 am to 12:30 pm

Monday	Tuesday	Wednesday	Thursday	Friday
1 Cheese Enchiladas, Refried Beans, Rice, Witch Broom Peanut Butter Cookie	2 Tuna Sandwich, Macaroni Salad, Carrots w/Peanut But- ter, Seasonal Fruit	3 Baked Chicken, Mashed Potato/Gravy, Green Beans, Roll, Applesauce	4 Italian Sausage/Peppers, Herb Pasta, Vegetables, Garlic Bread, Pineapple Chunks	5 Roast Turkey, Stuffing, Mixed Vegetables, Roll, Pears
8 Chili & Cheese, Parsley Buttered Potato, Cornbread, Peaches	9 Sweet BBQ Chicken, Rice, Broccoli, WW Roll, Fortune Cookies	10 Ham Salad Sandwich, Coleslaw, Corn Chips, Seasonal Fruit	11 Cat Fish, Cheesy Potatoes, Carrots & Peas, Pumpkin Pie	12 Meatloaf, Mashed Potato's, Green Beans, Fruit Cocktail
15 Chicken Pot Pie, Broccoli, Roll, Peaches	16 Taco Salad, Mexi-corn, Beans, Tortilla Chips, Apricots	17 Tilapia Filet, Tater Tots, Mixed Vegetables, Seasonal Fruit	18 Croissant Chicken Salad Sandwich, Coleslaw, Chips, Monster Toe Cookies	19 Pork Chops, Corn Bread Stuffing w/Gravy, Carrots Applesauce, Roll
22 Grilled Salmon, Red Roasted Potatoes, Normandy Vegetables, Applesauce	23 Roast Turkey, Sweet Potato Bake, Cozumel Vegetables, Crushed Worm Pudding	24 Chicken Fajitas, Spanish Rice, Beans, Pumpkin Chocolate Chip Cookies	25 Chicken Fried Steak, Mashed Potato's, w/Country Gravy, Carrots, Seasonal Fruit	26 CLOSED
29 Ham & Cheese Croissant, Hair Ball Pasta Salad. Chips, Seasonal Fruit	30 Chicken Poppy Seed Casserole, Green Beans, Roll, Peaches	31 Witch Hair Spaghetti w/eyeball's, Corn, Witch Finger Garlic Bread, Surprise Dessert		

Nutrition Program

- Lunch is served from 11:30 am to 12:30 pm, Monday through Friday, except holidays at the Senior Center. Reservations appreciated.
- A \$2.50 donation is suggested for 60 years and older.
- A \$4.00 cost for 59 years and under.
- To inquire about Homebound delivery call 346-5290.



The Senior Services Div. is coordinating with "Animal Control" in distributing animal food for Homebound clients' pets. If you are a Homebound client and need further information on this wonderful program please contact the Senior Services Division at 346-5290.



CARDS AND TILE GAMES WEEKLY SCHEDULE



MON	Open Pinochle	8:00 am to Noon
TUES	Mexican Train Dominos	12:30 pm to 3:30pm
	Mah-Jongg	12:30 pm to 3:30
WED	Open Pinochle, Mah-Jongg	12:30 pm to 3:30pm 12:30 pm to 3:30 pm
THUR	Mah Jongg Cribbage Bridge Shuffle Board	12:30 pm to 3:30 pm 12:30 pm to 3:30 pm 12:30 pm to 3:30 p.m 9:00 am to 12:00 pm
FRI	Open Pinochle Pinochle/Canasta	8:00 am to Noon 12:30 pm to 3:30 pm

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